OPERATING INSTRUCTIONS

How to remove your fit-up from body

Remove the clock by inserting a flat object between the clock and its housing.

Take off the rubber-ring from the back of the clock case.

Time Setting
When sweep second reaches the 12, carefully pull crown out into setting position. Set the hour and minute hands one minute ahead of local time. Synchronized with a time signal push the crown into normal position.

For time setting and change of battery use your finger-nail to pull clock insert out of clocks case. Please do not use any sharp tools. The case could be damgaed.

Change of Battery
Batteries should be changed by professional service personnel only. Only use Silver Oxide batteries or equivalent batteries.